



A Call For Digital Heroes

Parent/Guardian Edition



Bringing Learning to Life

Together We Make A Difference

We all have a role to play when it comes to supporting good digital citizenship in our schools every day.

10 Actions Parents Can Take

- 1. Be Informed About and Model Good Digital Citizenship.**
2. Incorporate Digital Citizenship Discussions in Family Time.
- 3. Set Expectations for Good Digital Citizenship in Your Home.**
4. Be Aware of What Your Children are Doing, What Websites and Apps They Are Using and Who They Are Talking To Online.
- 5. Use Online Media and Technology with Your Children, and Use Teachable Moments to Discuss Positive Digital Choices.**
6. Set Reasonable Limits on Technology Use for Your Child with Regard to Appropriate Amounts of Screen Time.
- 7. Model Good Online and Social Media Behavior for Your Children and Invite Them to Ask Questions.**
8. Work with Your Child's School to Create Opportunities to Discuss and Teach Digital Citizenship as a Community.
- 9. Make Sure Your Children Understand That It Is Safe to Come to You with Questions and Concerns About the Online World.**
10. Talk to Your Kids About Positive and Negative Media Messages, and How to Tell The Difference Between Good and Bad Role Models.